

Step Alive Spa

Pedicures

419-423-1888

1725 Western Ave.

Deluxe Pedicure (1 hour)

\$ 45

The ultimate pedicure to pamper your feet, this service begins with a hot soak. Nails are shaped and filed, cuticles are detailed then calluses are smoothed. The pleasure continues with a salt glow scrub followed by a relaxing massage. Your choice of high quality polish or clear is then applied.

Express Pedicure (45 minutes)

\$ 35

Short on Time? The express pedicure is the bare essentials, begins with a hot soak. Nails are shaped and filed, cuticles are detailed then calluses are smoothed followed by your choice of moisturizing or softening lotions in a variety of scents.

Alpha Pedi for Men (45 minutes)

\$ 35

This pedicure will put every man at ease, begins with hot water soak, nails are shaped and filed, cuticles are detailed then calluses are smoothed. It ends with a relaxing foot

massage.



www.vailfoot.com



Manicures

Deluxe Manicure (1 hour)

\$ 35

This invigorating treatment starts with a soak (optional) and hydrating hand softening. Nails are filed and shaped, cuticles are detailed then followed by a relaxing massage. Your choice of high quality polish or clear is then applied.

Express Manicure (30 minutes)

\$ 25

In a hurry? Indulge yourself with a nail filing, shaping and cuticle detail.

Alpha Manicure for Men (30 minutes)

\$ 25

Begins soak, nails are shaped and filed, cuticles are detailed.

Just for Kids! Ages 8 and under

Little Feet Pedicure (45 Minutes)

\$ 30

A very gentle foot soak and scrub to make all little feet extra soft, followed by nail shaping. Your choice of high quality polish or clear is then applied

Little Hands Manicure (30 Minutes)

\$ 25

A manicure fit for little hands complete with nail shaping and topping of choice fit for a Princess!



Spa Day Package *Mommy (or Daddy!) and Me Spa Day (kids 8 and under) (2 Hours) \$120*

Treat your prince or princess and yourself to a manicure and pedicure. Special pampering for you and your loved one!

Our Nail and Spa Technician The Difference:

We are no ordinary salon! Carefully supervised by our doctor, we offer not only a sterile environment, but all the perks of a full salon such as cuticle treatments, softening lotions, mud detoxifying and nail polishes that are enriched with anti-fungal ingredients. All pedicures and manicures thru the Step Alive Spa® are professionally done in our office utilizing instruments sterilized in an autoclave, just like surgical tools. You can count on the 'Step Alive Spa' to give the safest, cleanest spa treatment around!

Facials using Placenta Molecular Technology*

Aromatherapy Placenta Facial w/ infrared light therapy (1 Hour) \$160

By combining the new science of placenta bio-molecules with infrared light, this facial supports the skin's natural mechanisms in collagen production, repairing free radical damage and enhancing facial tone. Saturating the skin deep within its layers with young and healthy bio-molecules it provides instant, visible results with skin that appears smoother, brighter, more firm, lifted and contoured. This facial produces the most visible results and is excellent rehabilitation after traumatizing facial procedures.

Skin Regeneration Facial (1 hour) \$80

Active serums of high molecular plazan™ and regenerative gel plazanol™ normalize oil gland secretion and skin pH. Stimulating the skins own restorative properties one will see pore reducing and improvement of skin conditions and appearance. Special cleansing toners have immediate anti-inflammatory and antimicrobial effects. **Recommended for: oily skin, precautions of acne, post scars formation and pigmental spots such as rosacea.**

Lifting & Moisturizing Facial (1 hour) \$80

Elastin Collagen Complex together with active glycosaminoglycans has instant lifting and intensive lasting moisturizing effects. **Recommended for dehydrated skin that has lost tone and elasticity.** This facial will provide immediate results with brighter, smoother skin.

**Recommendations for greatest effect with facials: 1 treatment a week for 4 to 8 weeks. Maintenance: 1 treatment per month*

Body Massages

Hot Stone (1 hour) \$70.00

This unique massage helps increase circulation, reduce inflammation, and balance your energies by strategically placing warm stones on and underneath your body.

Relaxing Massage (1 hour) \$45.00

This relaxing massage will increase blood and lymphatic circulation and improve your overall well-being. Masseuse can personalize your massage to focus on problem areas.

Beauty Bonuses

- **Relaxing Hot Stone Massage \$ 20 with pedicure \$ 15 with manicure**
Focuses on points on either the hands or feet/ankles to relieve aching muscles.
- **Warming Paraffin Alternative \$ 20 with pedicure or manicure**
Soothe and soften hands and feet with this eco-friendly alternative to traditional paraffin. Ingredients are 100% natural plant based emollients and pure essential oils.
- **Detoxifying Mud Masque \$ 20 with pedicure \$15 with manicure**
A replenishing & enriched mud masque is applied to the feet or hands finished with a steam towel wrap.
- **French Paint \$ 10 with manicure or pedicure**
- **Calming Herbal Eye Treatment \$ 10 with any facial**
A soothing and detoxifying eye treatment to reduce dark circles and puffiness.

- **Soothing Collagen Eye Treatment** \$ 15 *with any facial*

Rehydrates & Rejuvenates under eye skin by diminishing dark circles, puffiness, fine lines and wrinkles.

- **Soothing Collagen Lip Treatment** \$15 *with any facial*

Restores lip volume, reduces the signs of aging and helps retain moisture.

Keryflex™ Nail Restoration \$225.00

Are your nails damaged by fungus or other conditions? Let us restore the nail to its normal appearance. The Keryflex™ nail restoration system creates a durable, yet flexible artificial nail. Ask us for more details.

Package Pricing: 5-10 Treatments 10% off, 10-15 Treatments 15% off**must be prepaid*